

• ***Applied RHUMART® Philosophy 2***

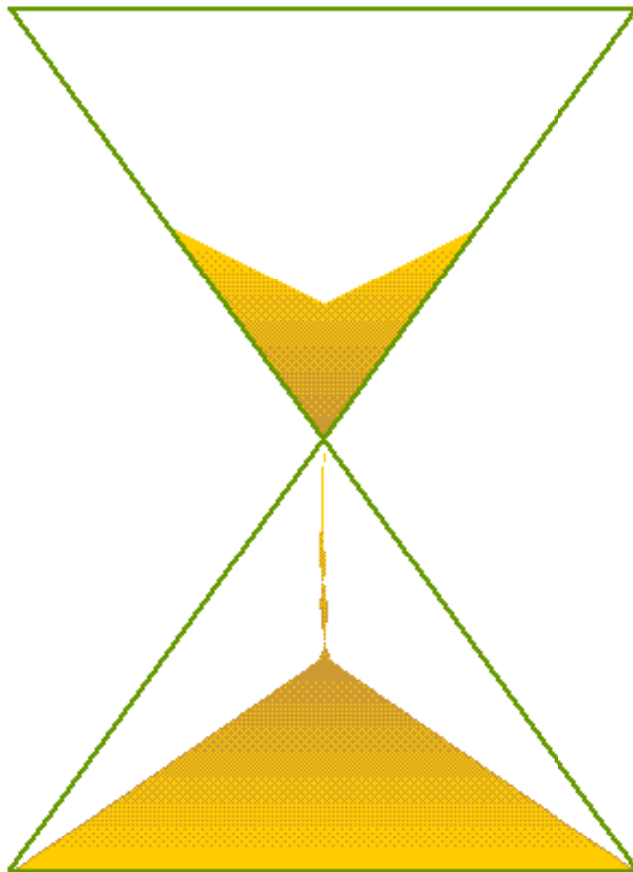
# ***The RHUMART® Anti-Stress***

***By***

***Dr. Roland A. Drolet, Ph.D.***

# *The RHUMART® Anti-Stress*

or  
The Corrective Agent for Health  
Beyond Stress  
and Illness



By

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of the  
international RHUMART® institute (iRi)

In the old days, people used to talk about

**"illness."**

Then a very brilliant man, **Hans Selye**,  
introduced the concept of

**"STRESS"**

which made it possible for us to gain

a better understanding of

one of the causes of many "illnesses."

Now the time has come for us to talk about



in order to better understand all of the causes of

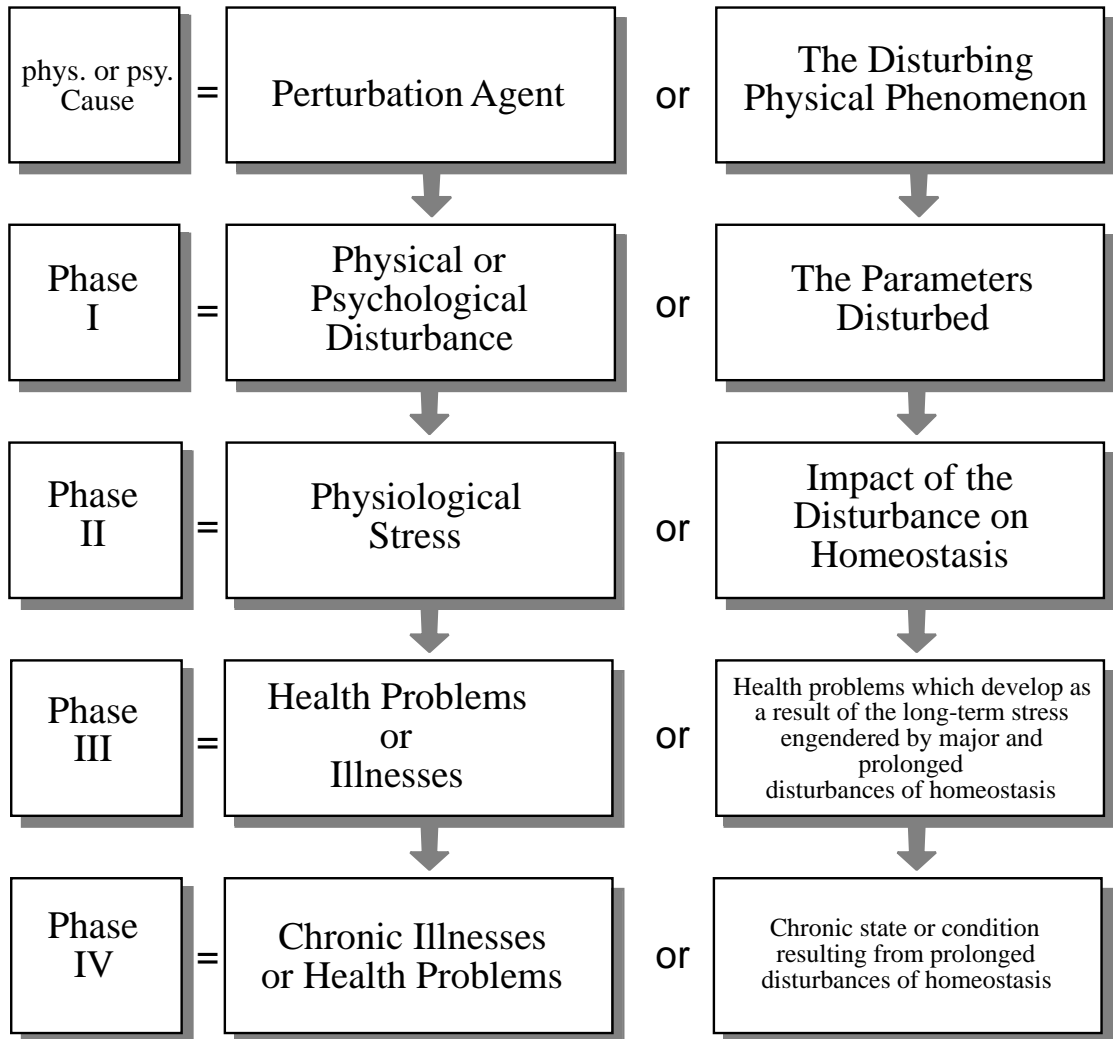
all of the illnesses **"invented"** by man

and to find effective **"corrective agents"**

to control the **"destructive agents"** affecting our Health!

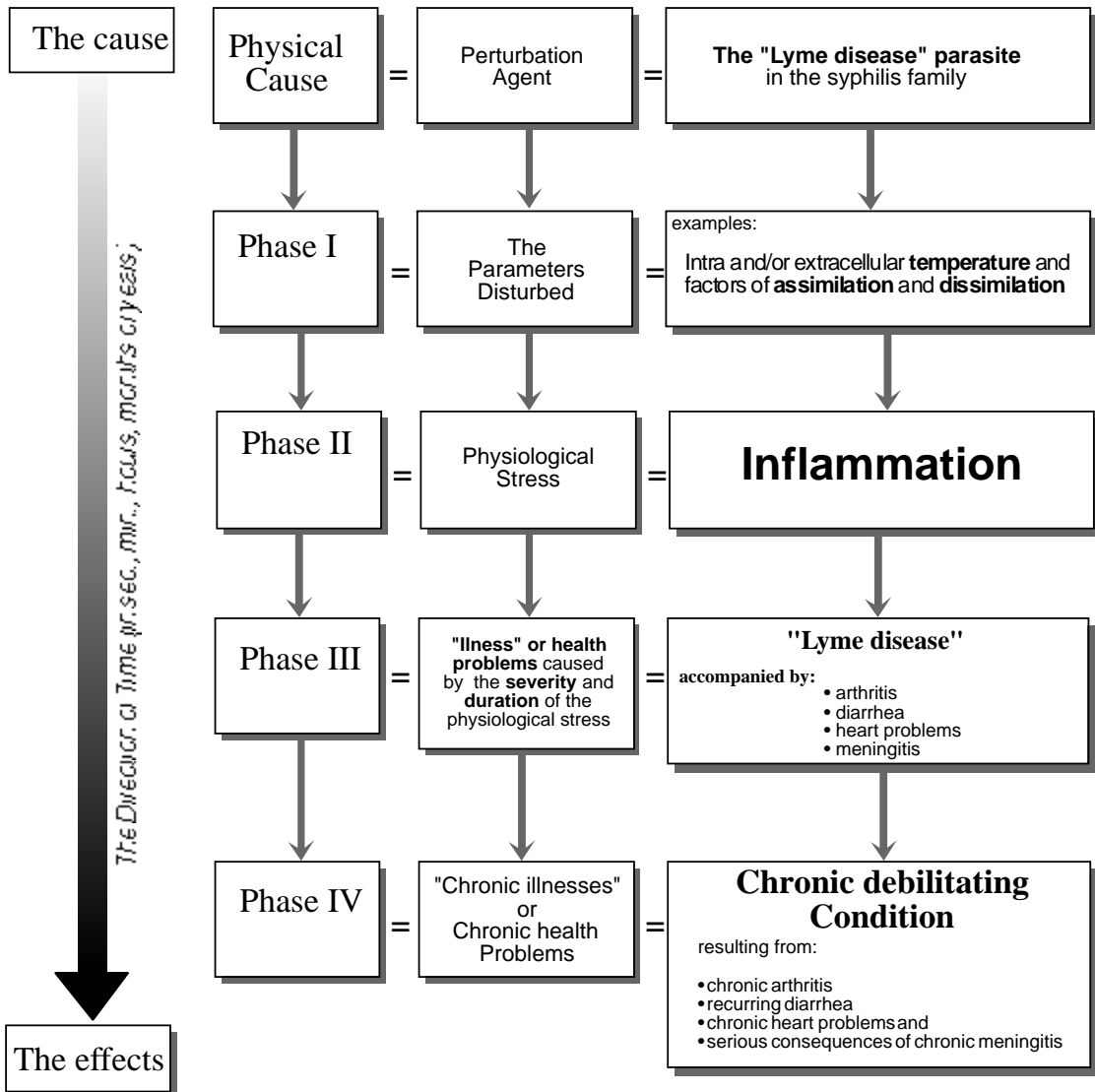
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**The 4 Phases of Health Perturbation**  
**TABLE: From the Perturbation Cause to "Chronic Illness"**



## EXAMPLES OF THE 4 PHASES OF HEALTH PERTURBATION

### A) The 4 Phases of "Lyme Disease": From the Perturbation Agent to "Chronic Illness"



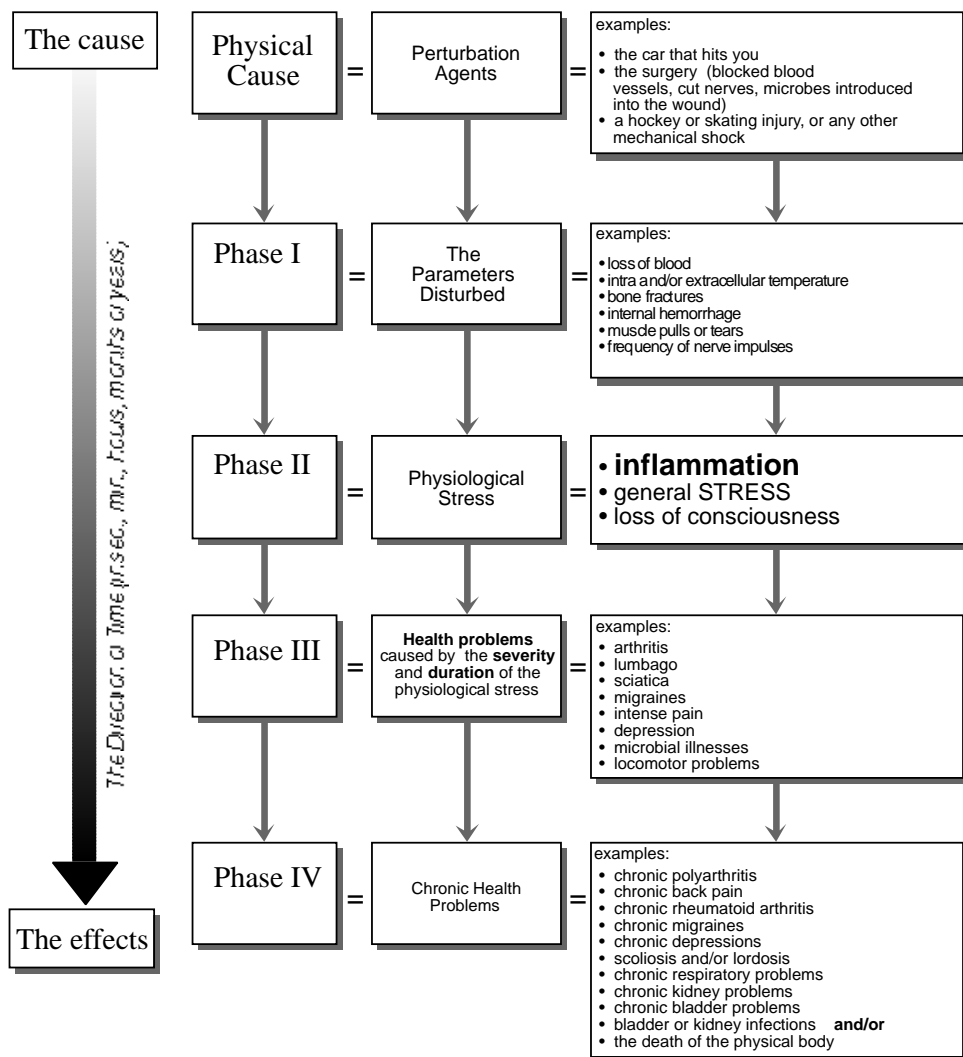
#### Conclusion A:

It is not enough to "treat the illness," which is not a physical entity.

It is **MORE INTELLIGENT** to fight inflammation even before "Lyme disease" appears!

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## B) The 4 Phases of an Accident: (automobile, surgical, sports or on-the-job): From the Perturbation Agent to Chronic Health Problems

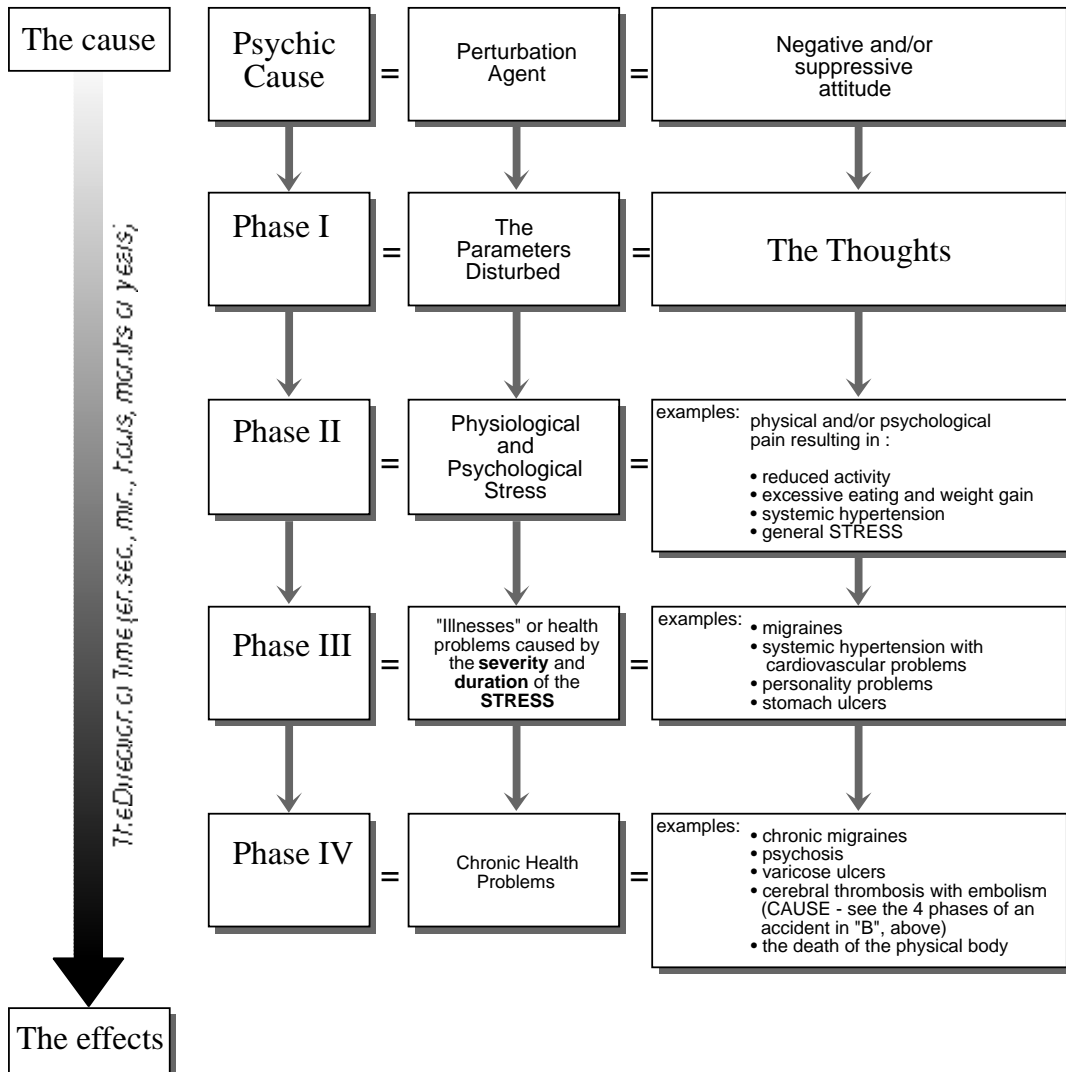


### Conclusion B

It is not enough to "treat the illness," which is not a physical entity.

It is **MORE INTELLIGENT and EFFECTIVE** to fight inflammation and Stress even before these Health problems appear!

## C) The 4 Phases of Thought Perturbation: From the Perturbation Agent to Chronic Health Problems



### Conclusion C

It is not enough to "treat the illness," which is not a physical entity.

It is MORE INTELLIGENT and EFFECTIVE to fight STRESS and hypertension even before these Health problems appear!

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## **THE MAJOR CAUSES or FACTORS of HEALTH (examples)**

### • **Negative Factors influencing Health (examples)**

- 1) The "Lyme's disease" parasite (in the syphilis family)
- 2) A shock or physical or mechanical accident such as a surgical operation, sports injury, or on-the-job or car accident
- 3) A negative or suppressive attitude
- 4) Cardiovascular accident
- 5) Very high-frequency EM waves (e.g. UV, UHF, RX)
- 6) Viruses
- 7) Harmful medicines

### • **Positive Factors influencing Health (examples)**

- 1) Good genetic code (DNA)
- 2) Good nutrition
- 3) Physiological regenerative bioelectricity of the RHUMART® type
- 4) Bioelectricity in the sensory and motor controls and in the central nervous system and peripheral nervous system (CNS and PNS)
- 5) Earth gravity
- 6) Physical exercise of the muscles and cells (or the physiological activity resulting from the use of the RHUMART® system)
- 7) Positive, constructive thinking
- 8) Certain antibiotics when used appropriately
- 9) The Sun (visible spectrum), avoiding excessive UV light
- 10) Pure water (purified or distilled)
- 11) Pure air (unpolluted)
- 12) Earth and fire when used appropriately



## PHASE - I : The Parameter Disturbed

**Definition:** The "parameter disturbed" refers to the variable or the element disturbed.

### Examples of Disturbed Parameters:

- 1) Intra and, or extracellular temperature and factors of assimilation and dissimulation
- 2) Temperature and mechanical break
- 3) Thoughts
- 4) The death of cells of the CNS

## PHASE - II: Physiological Stress

**Definition:** The consequences of disturbances of homeostasis constitute the physiological Stress

### Examples of physiological stress:

- 1) Inflammation
- 2) Inflammation and walking disequilibrium
- 3) Psychological Pain resulting in:
  - reduced physical activity
  - weight gain
  - systemic hypertension (associated with STRESS)
- 4) Partial paralysis of the body

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## **PHASE - III: "Illnesses" or Health Problems**

**Definition:** Phase III of Health disturbance is the health "problem" that develops as a result of the prolonged STRESS (often engendered by the homeostatic disturbance)

### **Examples of "health problems" or "induced illnesses":**

- 1) "Lyme disease" associated with:
  - arthritis
  - diarrhea
  - heart problems
  - meningitis
- 2) Arthritis, lumbago, sciatica, migraines and/or depression
- 3) Migraines, systemic hypertension and/or heart problems
- 4) Paralysis:
  - a) of "heart control"
  - b) of the bladder
  - c) of the voice
  - d) of the legs
  - e) partial paralysis of other parts of the body

## PHASE - IV: "Chronic illnesses"

•**Definition:** A "chronic illness" is a chronic "condition" or "state" resulting from prolonged homeostatic disturbances.

•**Examples of "Chronic Health Problems":**

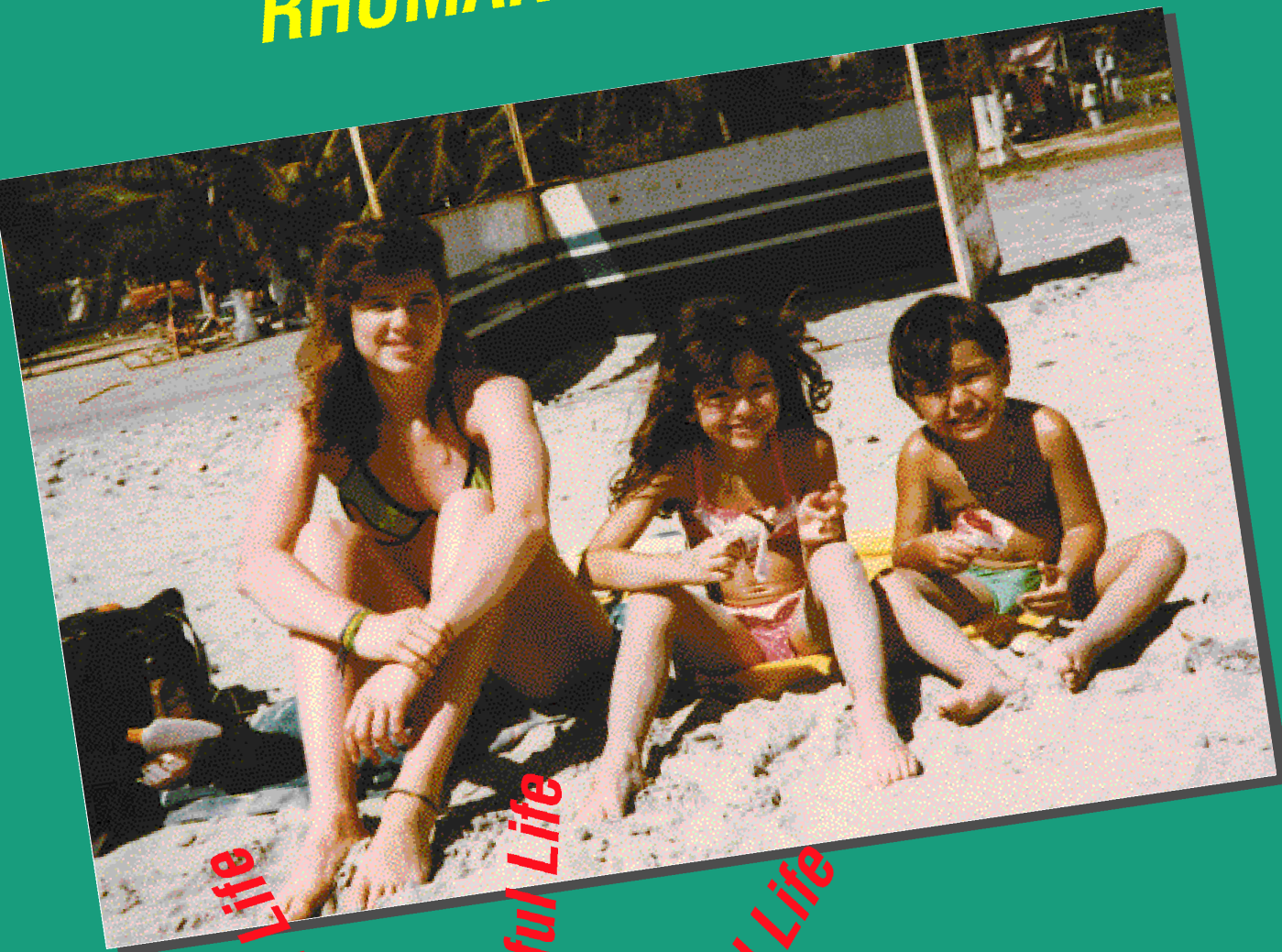
- 1) Debilitating chronic state engendered by:
  - chronic arthritis
  - chronic diarrhea
  - chronic heart problems and/or
  - meningitis (resulting from Lyme's Disease)
  
- 2) Chronic polyarthritis associated with:
  - arthrosis
  - chronic migraines
  - rheumatoid arthritis
  - scoliosis
  - chronic respiratory problems
  - chronic kidney problems
  - chronic bladder problems
  - kidney or bladder infections and/or
  - death
  
- 3) Chronic migraines, psychosis, varicose ulcers and/or cerebral thrombosis with embolism (• CAUSE)
  
- 4)
  - a) Death due to cardiac arrest
  - b) Chronic urinary and kidney infections which may cause death through intoxication of the organism
  - c) Hemiplegia, which may result in either death due to urinary infection complications or survival in the form of a "semi-vegetable"

The

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**A Healthful Life**

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